

A Guide to **Dream Symbols**

from

Cry of the Eagle

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CHAPTER TWELVE - CRY OF THE EAGLE

A GUIDE TO DREAMING

The possible symbols which can come up in dreams are just about infinite, but the list provided here will prove to be adequate as far as most dreams are concerned, provided that the following rules are remembered:

1. Note the feeling of the dream. This tells you whether the symbols encountered are to be interpreted in a positive or negative sense.

2. Note the story line. This reveals a great deal of information in itself and is a great help in interpretation, since it is the actual sequence of events which indicates the interpretation that is to be followed. The opening scene in a dream is the actual message; the sequences which follow supply the details.

3. Historical personages, historical events and places are to be viewed in the context of what actually took place where and on what date. Dates are to be treated as numbers.

e.g. 12th. March 1807 = $12 + 03 + 1807 = (1 + 2) + 3 + (1 + 8 + 0 + 7) = 3 + 3 + 16 = 3 + 3 + (1 + 6) = 3 + 3 + 7 = 13$

If total is greater than 33, reduce to a single digit.

4. Current celebrities are to be viewed in the light of their activities, the values they uphold, and the images they portray.

5. Appliances and tools are symbols representing their use. Check this use for possible significance in the listing; e.g. a stove, microwave oven, or toaster, depending upon the context in which they are encountered, could all indicate the activity of eating; that is, the need for spiritual nourishment.

6. Always take careful note not only of a symbol, but also whether there is more than one. If more than one, see numbers.

7. Always note colour of clothing, furnishing, plants, hair, eyes, etc., and see colour.

8. Regard unknown or unseen presences in a dream as a stranger, or if he or she feels very familiar to you, then regard him or her as your own dreamer, or an aspect of yourself.

9. Scenes from your own past should be seen as the need for recapitulation of that period in your life.

10. Interaction with family members, friends or acquaintances from the past all indicate the need for recapitulating those relationships.

11. All nightmares are of extreme importance. If they involve scenes from the past, the need for serious and immediate recapitulation is indicated, for it means that suppressed emotions are reaching a critical point. If they involve current issues, the need for sobriety and impeccability is indicated. If they involve unknown events, they are indicating future events which will either be feared or else cause great stress.

12. Recurring dreams are either in the nature of past issues which are very important, but which have not yet been resolved, or else prophecies of future events involving the unfoldment of destiny. Note these most carefully and keep constant watch for indications of their unfoldment.

13. Most things not listed here can safely be taken at face value, but if unknown symbols should be encountered, rely upon your own feeling of what that symbol means to you personally. However, until you are confident in dream analysis, take your interpretation not as fact, but simply as a possibility.

14. Although the interpretations given in the list of symbols are generally speaking very accurate, it nevertheless does sometimes happen that a symbol will have an interpretation which is in some way different to the one given in the list. Consequently you should never make the mistake of regarding the interpretations given as being the inviolable truth. This list of symbols and their interpretations is merely a guide, and only a guide! In this respect always listen to your heart, and if in any doubt, it is wise to wait for some kind of confirmation.

15. In working with time it is possible to use either digital or analogue time. Digital time is quicker and easier to use, but

analogue time yields more detail. However, both methods are equally accurate and, when understood properly, will both yield an almost identical message, albeit in a different form. Here are the methods:

Digital Time:

Work with 24 hours. e.g. Time reads 14h56.

See Numbers for interpretation of 14 and 11, ($5 + 6 = 11$). Remember that the feeling of the dream will indicate whether the interpretation should be positive or negative. Let us assume that in this example the interpretation is to be positive.

14 indicates knowledge, which will yield strength (11). Now add all the digits for overall import; i.e. $(1 + 4 + 5 + 6) = 16$. This means that the overall effect of the experience will be liberation through the power of *intent* (16).

Analogue Time:

Be careful not to mix analogue with digital times. In the example we are working with the time will now read four minutes to three o' clock, i.e. 'four to three'.

Proceeding as above, we find that the message now reads stability (4) will lead to mixed abundance through joy and creativity (3). Now adding digits we get $(4 + 3) = 7$, meaning that the overall import of the message is one of guidance.

If we now compare both messages we find that knowledge (14) will manifest in the form of stability (4), which will yield strength (11) in the form of mixed abundance through joy and creativity (3). The overall effect of the experience will be liberation through the power of intent (16) manifesting in the form of guidance (7). (Note how 16 reduces to 7).

In working with analogue time take care that the time is read correctly: e.g. 09h15 must be read as being fifteen minutes past nine, in which case the hour precedes the minutes. In other words, the hour indicates the cause and the minutes the effect. However, when the time is 09h45, it should be read as fifteen minutes to ten, in which case the minutes now precede the hour. In other words the minutes now indicate the cause and the hour the effect.

SECTION 1: DREAM SYMBOLS

SYMBOL	MEANING
Activities:	
Can't Breathe	<i>Lack of personal power</i>
Can't move/Moving difficult	<i>Being stuck in a view of the world/social conditioning</i>
Coughing	<i>Difficult to accept/believe</i>
Drinking	<i>The desire for freedom</i>
Drowning	<i>The belief of being imprisoned or suppressed</i>
Dying	<i>Release, success, or fear of these</i>
Eating	<i>The desire for spiritual nourishment</i>
Falling	<i>Fear of failure</i>
Flying	<i>Desire for freedom/Opportunity for</i>
Kissing	<i>Need for strength/Lack, fear of</i>
Running	<i>Escapism/Opportunity for</i>
Sneezing	<i>Desire/Need for.... (Note number of, then see numbers)</i>
Swimming	<i>The desire to be accepted or loved</i>
Talking	<i>The need for communication</i>
Travel	<i>Change/Opportunity or need for</i>
Working	<i>The desire for taking action/Need for</i>
Work which never gets done	<i>Fear of failure</i>
Air	<i>Desire for sobriety/Lack of</i>
Airforce	<i>Mental action</i>
Anatomy:	
Ankles	<i>Intelligent co-operation</i>
Arms	<i>Idealism, Desire, Goal Orientation</i>
Back:	
Upper	<i>Strength/Lack of</i>
Mid	<i>Action/Lack of</i>
Lower	<i>Support/Lack of</i>
Breasts	<i>Nurturing/Need for</i>
Calves	<i>Memory/Subconscious knowledge</i>
Chest	<i>Honesty/Lack of</i>

Ears	<i>Feeling, Sensitivity/Lack of</i>
Eyes	<i>Sobriety/Lack of</i>
Feet	<i>Perception/Understanding</i>
Fingers:	
Thumb	<i>Relationship with yourself</i>
Index	<i>Perception of other's relationship to you</i>
Middle	<i>Relationships in general</i>
Ring	<i>Perception of your relationship with another</i>
Little	<i>Potential relationships</i>
Genitals:	
Own	<i>Perception of oneself as male/female</i>
Other	<i>Mirror of oneself as male/female (If of opposite sex, mirror of one's own inner other half)</i>
Hair	<i>Social self-image</i>
Hands	<i>Relationships with life/the world around you</i>
Head	<i>Intuitive mentality</i>
Hips	<i>Fluidity/Lack of</i>
Joints:	<i>Fluidity</i>
Elbows	<i>Need for fluidity in idealism/Lack of</i>
Knees	<i>Need for fluidity in perception/Lack of</i>
Legs	<i>Ability to move forward/Progress in life</i>
Lips	<i>Strength/Lack of</i>
Mouth	<i>See lips</i>
Neck	<i>Fluidity/Inflexibility</i>
Nose	<i>Personal power/Lack of</i>
Shoulders	<i>Responsibility/Lack of</i>
Stomach	<i>Tension/Stress</i>
Thighs	<i>Sexuality</i>
Throat	<i>Logical mentality</i>
Toes:	
Big	<i>Perception of oneself</i>
Second	<i>Perception of another</i>

Third	<i>Perception in general</i>
Fourth	<i>Perception of how others see you</i>
Little	<i>Perception of your own potential</i>
Angels	<i>Desire for contact with own dreamer or inner being</i>
Animals:	
Bears	<i>Harmony through conflict</i>
Buck or Bovines	<i>Harmony & tranquillity</i>
Cats	<i>Temporal matters/activities</i>
Dogs	<i>Friendship and loyalty</i>
Donkeys	<i>Humility</i>
Dragons/any mythical beast	<i>Power/magic</i>
Elephants	<i>Love & protection</i>
Fish	<i>Awareness/Need to be wide awake</i>
Foxes	<i>Cunning, rationality, logic/ Need for</i>
Horses	<i>Loyalty or stability</i>
Lions	<i>Creation, Destruction/both</i>
Snakes	<i>Wisdom/Need for</i>
Tigers	<i>Intelligence/Need for</i>
Unknown animals	<i>Indication of fate</i>
Wolves	<i>Freedom/Need for</i>
Zebra/Spotted	<i>Indecision, fence sitting</i>
Other	<i>Take the characteristic of the animal</i>
Audiologist	<i>Feeling, Sensitivity; Need/Fear of</i>
Babies	<i>See Birth</i>
Birds:	
Birds of prey except owls	<i>Power</i>
Black (all except crows)	<i>Trickery, deceit, cunning</i>
Coloured	<i>See section on colour</i>
Crows	<i>Courier of power (note activity/direction of flight)</i>
Doves	<i>Peace, harmony</i>
Owls	<i>Death of the old/Wisdom</i>
Sparrows	<i>Unconditional love</i>
Vultures & similar	<i>Decadence/Destruction</i>
White	<i>Peace & fulfilment</i>

Birth:	
Of own infant	<i>Powerful change in awareness</i>
Of someone else's infant	<i>Powerful influence upon awareness from that person</i>
Blinds	<i>See curtains</i>
Books	<i>Spiritual searching within common view of the world</i>
Bridge	<i>The need to recognise and eradicate separativeness; or the need to reconcile apparently opposing concepts</i>
Buildings:	
Any type (caves, tents & tombs)	<i>View of the world/Point of view</i>
Public	<i>Common view of the world/Social conditioning</i>
Butterflies/Moths	<i>Power (universal)</i>
Candles	<i>Power/guidance of the dreamer</i>
Candlesticks/Chandeliers	<i>Universal power (note number of candles & see numbers)</i>
Ceiling	<i>Limit</i>
Cinema	<i>Objectivity/Lack of</i>
City/Town/Village	<i>See public buildings</i>
Circle	<i>Sobriety/Inclusiveness/Unity</i>
Clothing:	<i>Self-image/View of the world</i>
Crown	<i>Self-importance, arrogance</i>
Hat	<i>See crown</i>
Nudity	<i>Feeling exposed</i>
Shoes	<i>Understanding</i>
Clock	<i>See Time</i>
Colour:	
Black	<i>Totality/Need for wholeness</i>
Blue	<i>Humility & understanding</i>
Brown	<i>Stability. Need for being 'grounded'/'earthed'</i>
Green	<i>Healing</i>
Indigo	<i>Inclusiveness/Need for</i>
Orange	<i>Cunning/Need to be shrewd</i>

Red	<i>Violence/Need to fight</i>
Violet	<i>Creativity/Need for</i>
White	<i>Peace/Need of</i>
Yellow	<i>Vitality, strength/Need for</i>
Other	<i>All other colours are merely different combinations of these primary colours, and should be interpreted as combinations</i>
Curtains	<i>Exposure/Fear of</i>
Dam	<i>See lake</i>
Death:	<i>Change</i>
of family member	<i>Change in relationship</i>
of self	<i>Change in view of the world</i>
of stranger	<i>Someone bringing change</i>
Dentist	<i>Need for aggression/Fear of</i>
Direction:	
East	<i>Sobriety/Inclusiveness/Unity/Recapitulation</i>
North	<i>Strength/Not-doing</i>
West	<i>Feeling/Erasing personal history</i>
South	<i>Power/Dreaming</i>
Doctor	<i>Healing/Need for (Physical, emotional, mental)</i>
Door	<i>Possibility</i>
Earth/Soil	<i>Desire for Strength, Stability/Lack of</i>
Egg	<i>New beginning/life</i>
Electricity	<i>The nagal/spirit</i>
Faeces (Human & animal)	<i>Money/Desire for</i>
Fire	<i>Desire for destruction, change/Fear of</i>
Floor	<i>Base, foundation</i>
Flowers	<i>Beauty/Lack of</i>
Food	<i>Desire for spiritual nourishment</i>
Furniture:	
Beds	<i>The desire to rest</i>
Cupboards/Chest of drawers	<i>Need for recapitulation</i>

Chairs	<i>Comfort zone</i>
Tables	<i>The need to address problems</i>
Gems:	
Diamond	<i>Sobriety, Inclusiveness, Unity/ Need for</i>
Emerald	<i>Feeling/Need for</i>
Garnet	<i>Instinct/Need for being alert</i>
Ruby	<i>Strength/Need for</i>
Sapphire	<i>Power/Need for courage</i>
God	<i>Desire for religious experience</i>
Grass/Greenery	<i>Practicality/Need for</i>
Insects	<i>Aspects of shortcomings (Note characteristic of insect)</i>
Key	<i>Answer/Solution to.....</i>
Lake	<i>Conditioned, Conditional love</i>
Lamp	<i>Guidance/Need for</i>
Law	<i>Balance/Lack of</i>
Left	<i>Left side knowledge/Feeling</i>
Light	<i>See lamp</i>
Lightning	<i>Intent</i>
Location:	
Deserts	<i>Despair</i>
Forests	<i>Adventure</i>
Mountains/Hills	<i>Hope</i>
Open areas	<i>Freedom/Fear of taking the gap to freedom</i>
Public place	<i>Exposure/Fear of</i>
Valleys	<i>Security</i>
Metals:	
Gold	<i>Nagal/Spirit</i>
Silver	<i>Tonal/World</i>
Copper	<i>Desire, emotion</i>
Tin	<i>Thought, logic, rationality</i>
Military	<i>Practical/Physical action</i>
Money	<i>Crystallised power</i>
Amount of	<i>See numbers</i>

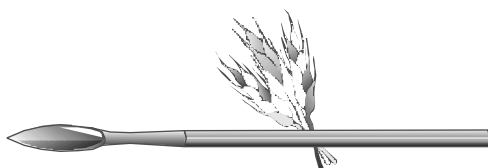
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Moon	<i>Totality of the self</i>
Half-moon	<i>Personal power/Lack of</i>
Music	<i>Inclusiveness/Love</i>
Musical Instruments:	
Percussion	<i>Harmony within social standing/Lack of</i>
String	<i>Harmony with greater whole/Lack of</i>
Wind	<i>Harmony with own inner self/Lack of</i>
Navy	<i>Emotional action</i>
Newspaper	<i>Common view of the world</i>
Numbers:	
0	<i>Universality, Absolute freedom/Lack of</i>
1	<i>Fluidity/Lack of</i>
2	<i>Humility & understanding/Need for. Symbol of destiny</i>
3	<i>Creativity & joy/Lack of. Symbol of mixed abundance, i.e. both good and bad</i>
4	<i>Stability/Lack of</i>
5	<i>Freedom & change/Need for</i>
6	<i>Inspiration & guidance from power/Need for having to choose between the old & the new</i>
7	<i>Guidance/Need for</i>
8	<i>Balance & harmony/Lack of</i>
9	<i>Completion/Need for</i>
10	<i>A new cycle. Impeccability through the repetition of past experiences/Warning not to walk into old traps</i>
11	<i>Strength/Lack of</i>
12	<i>Forebearance/Need to be patient and to make no demands</i>
13	<i>Death of the old/Need for discarding the old</i>
14	<i>Knowledge/Need for</i>
15	<i>Light through darkness/Need to look for the gift of power in a challenge</i>
16	<i>Liberation through the power of intent/Need to find the gift of power in what may appear to be a catastrophe</i>

17	<i>Discrimination/Need for</i>
18	<i>Courage/Need for</i>
19	<i>Vitality/Need for saving personal power</i>
20	<i>Honour & dignity/Lack of</i>
21	<i>Peace & success/A new beginning</i>
22	<i>Egotistical behaviour</i>
23	<i>Destructive behaviour</i>
24	<i>Fear</i>
25	<i>Temptation</i>
26	<i>Illusion</i>
27	<i>Resistance</i>
28	<i>The abuse of power</i>
29	<i>Abuse generally</i>
30	<i>Manipulation</i>
31	<i>The danger of reason/logic</i>
32	<i>Disharmony</i>
33	<i>Freedom</i>
Other	<i>All other numbers should be reduced to a single digit through addition. e.g. 121 = 1+2+1=4; 3009=3+0+0+9=12=1+2=3</i>
Nursing	<i>Care/Need for</i>
Optician	<i>Sobriety/Lack of</i>
Path/Road	<i>Direction</i>
Photographs	<i>The need to recapitulate content of photograph</i>
Police	<i>Victimisation/Sense of</i>
Rain	<i>The process of life</i>
Reading	<i>Inner spiritual searching</i>
Reptiles	<i>Shortcomings</i>
Right	<i>Right side knowledge/Logic</i>
Ring	<i>Power</i>
River	<i>Unconditional love</i>
Sea	<i>Life in general</i>
Secret Mission	<i>Indication of destiny</i>
Senses:	
Hearing	<i>Feeling/Lack of</i>

Smell	<i>Personal power/Lack of</i>
Sight	<i>Sobriety, Lack of</i>
Taste	<i>Strength/Lack of</i>
Touch	<i>Relationships</i>
Sexual Activity:	
Flirting	<i>Desire for vitality/Challenge</i>
Heterosexual Sex	<i>Desire for intelligent co-operation/Fear of domination</i>
Homosexual Sex	<i>Desire to know own maleness/Fear of inadequacy</i>
Lesbian Sex	<i>Desire to know own femaleness/Fear of inadequacy</i>
Rape	<i>Feeling/Fear of being victimised</i>
Sexual perversions	<i>Low self-image</i>
Square	<i>Stability/Strength</i>
Stairs/Staircase	<i>Ascending – see bridge</i> <i>Descending – a) the need to reach for the deeper implications; b) a warning not to become retrogressive</i>
Storm	<i>Cataclysmic change</i>
Sun	<i>Nagal/Spirit</i>
Teeth	<i>Need for aggression/Fear of</i>
Thunder	<i>Strong emotion</i>
Time	<i>Need for clarity on... (See Note 15)</i>
Tomato	<i>Abundance</i>
Tools	<i>Abilities/Talents</i>
Transport:	
Air	<i>Awareness with respect to rational ideas and concepts</i>
Animal	<i>Awareness with respect to characteristic of animal</i>
Public (Bus, train)	<i>Social conditioning</i>
Road	<i>General awareness/Direction</i>
Water	<i>Awareness with respect to relationships</i>
Trees:	
Cedar	<i>Right side knowledge/Need for logic</i>
Citrus/Fruit of	<i>Conditional love</i>

Deciduous/Fruit of	<i>Mentality</i>
Elm	<i>Left side knowledge/Need for</i>
Eucalyptus	<i>Poverty (physical, emotional or mental)</i>
Fig	<i>Strength</i>
Oak	<i>Wisdom/Need for</i>
Olive	<i>Feeling</i>
Pomegranate	<i>Sobriety</i>
Pine	<i>Unconditional love</i>
Tropical/Fruit of	<i>Emotions</i>
Vine/Grape	<i>Personal power</i>
Willow	<i>Fluidity/Need for</i>
Yew	<i>Death of a view of the world/Need for</i>
Triangle	<i>Feeling/Dreamer</i>
Vehicle (any kind)	<i>State of awareness/Level of perception</i>
Going backwards	<i>Slipping back into old habits/Fear of</i>
Puncture/No wheels	<i>Stuck in view of the world</i>
Watch	<i>See Time</i>
Water	<i>Love</i>
Weapons	<i>Protection/Need for</i>
Wind	<i>Thought</i>
Window	<i>Vision/Idealism</i>
Writing	<i>Communication in general</i>
Writing equipment	<i>Communication/Expression (physical, emotional, mental)</i>



SECTION 2: EXAMPLES OF DREAM INTERPRETATION

EXAMPLE 1:

Claire has a dream in which she is swimming with a new acquaintance from work. Afterwards she is having coffee with an old friend named Verna, who is wearing a green dress and a yellow hat with a veil. Next she finds herself driving home along a steep and narrow path which somehow never gets her home but ends up in someone else's backyard. In her dream Claire wonders what the people will think of her, as it is two o' clock in the morning.

INTERPRETATION:

Claire feels somehow attracted (water) to her new colleague at work, and deep down inside hopes that they can become good friends (swimming). In thinking about Verna, Claire realises that she has lately begun to sense a discomfort in Verna's presence and has consequently begun to avoid her (drinking). From the dream it is clear that Verna is in need of help (green) in order to change her perspective upon life (dress). However, Verna will have to find the strength (yellow) she needs within herself by facing up to her arrogance (hat) instead of hiding it (veil).

In this dream Claire also looks at her own state of awareness (car), and realises that she feels that the direction (path) her life is taking seems to her to be confined (narrow) and an uphill battle (steep). In this dream she also sees that she feels as if she is getting nowhere (never getting home), but instead always seems to get the worst end of the deal (backyard), as a result of another's dictates or point of view (someone else's home). In this respect Claire needs to look carefully at the concept of humility and understanding (2, from time), for this is also what Verna mirrored for her.

EXAMPLE 2:

Jim dreams that he is walking through a pine forest which smells of pine and the earthy dampness of compost. After a while he comes out of the forest to find himself looking out over a beautiful green lush valley. In the distance he can see a small village. Jim finds himself gliding over the ground towards the village, almost like flying.

Next Jim is suddenly in the village and enters a large building with a white marble floor and a high domed ceiling. Spaced around the room at regular intervals are sixteen windows, and in the centre of the room is a square pedestal table on which are three books. Jim opens one of the books and reads a single passage from it.

When Jim wakes up he is feeling light and happy, but cannot remember what was written in the book.

INTERPRETATION:

Jim longs for adventure (forest) and unconditional love (pine). It is clear from the dream that the adventure he seeks is to find *personal power* (smell) and unconditional love (pine) through a down-to-earth and practical approach to life (compost).

Jim feels that by seeking *personal power* and unconditional love, he will find freedom (gliding/flying), security (valley), healing (green) and well-being (lush). If he can feel secure about himself, he will find in his common view of the world (village) a much larger view of the world (large building). This new view of the world will still be limited (ceiling), but much less so (high dome) than his previous view, and will be fundamentally (floor) solid in providing a sense of stability/endurance (marble), and peace (white).

Within this new view of the world Jim will discover the liberating power of *intent* (sixteen), although this will at first appear to lay waste to many of his ideas (windows) upon life, and he will also have to address the problem (table) of searching for a spiritual approach to life within his common view of the world (books). This search will be centred around the concept of joy

and creativity (three). In this he will find some kind of guidance in fluidity (one). Jim was given this guidance in the dream, but he could not remember it. In this particular case he has no other option than to search for the necessary guidance by trying to be as fluid as possible in his life and in his way of thinking.

EXAMPLE 3:

Tina dreams that she is running in a marathon, and that an old school colleague wearing red running shorts wins, beating her by five seconds. A man dressed in the uniform of an airforce commander is standing at a large table to greet each one of the participants. Much to Tina's surprise she is handed a gold medal, whilst her friend, who came first, receives only a silver medal. Tina feels sure this must be a mistake, but she does not have the chance to question this before the dream abruptly changes.

Tina now finds herself at home trying to cook a meal, but try as she might the food never starts cooking because the stove remains cold.

Waking up from this dream, Tina feels uneasy and somewhat depressed.

INTERPRETATION:

Thinking about her school colleague, Tina recalls that this girl always appeared to take great delight in beating her at everything from sports to academic work. Consequently Tina always felt intimidated (red shorts) by this girl, and had often wished that she would just leave her alone (running). Now, however, Tina realises from the dream that this girl must also have felt threatened by Tina in some way (running together). This is also clearly indicated by the fact that it is Tina who receives the gold medal, even though it should have gone to her colleague. In other words, although Tina always felt intimidated by this girl, the girl herself apparently believed Tina to be better than her (gold).

In the dream, Tina is beaten by her colleague, meaning that her colleague's problem with her was actually bigger than Tina's own. Furthermore, because of the fierce competition that existed

between the two girls, Tina gained a measure (seconds) of freedom (five) from the sense of laziness which had often been a problem (table) in her teenage years. As a result, Tina greatly improved her academic (airforce) abilities.

The dream ends by showing Tina that her problem today lies in the fact that she needs some kind of spiritual discipline (meal) to help her overcome her fear of failure (food never gets cooked). It is also obvious that this fear stems back to her days at school with this colleague, and therefore indicates the need for recapitulation.

EXAMPLE 4:

John has a nightmare in which he is caught in a lift that has abruptly stopped. Nothing John does brings anyone to his rescue, and a real sense of panic sets in as he realises that he is going to die in that lift.

Suddenly, from out of nowhere, appears a huge snake which has coiled itself around John's ankles and, in trying to fight off the snake, John is horrified to find it turning into an enormous spider with eight legs and eight eyes. The spider is covered in long thick hair, and its eyes shine with a bright yellow light.

John wakes up from his nightmare sweating and panting from fear. Two weeks later John has a similar nightmare; only this time he is caught in a boat which is sinking, but again there is the same snake which turns into the spider around his ankles.

INTERPRETATION:

John is caught in a state of awareness (lift/vehicle) which is going nowhere. No-one can help him because he himself must change his level of perception. However, this is exactly why John is caught, because he fears change (death) above anything else.

The change that John must bring about has to do with his perception regarding intelligent co-operation (ankles). In the dream he is being shown that although he fears intelligent co-operation greatly, it will nevertheless lead him to wisdom (snake). If, however, he fights this, wisdom will be superseded by an aspect of his own shortcomings (spider/insect). Spiders eat

other insects (aspects of oneself), and in John's case he is being shown that this shortcoming is his social image (long thick hair), which will devour his sobriety (eyes), vitality (yellow), and ability to move forward in life (legs). All in all the harmony and balance (eight) in his life will be destroyed unless he changes his level of perception.

In the recurrence of the nightmare, John is shown that his need for re-appraising intelligent co-operation lies primarily in the area of relationships (boat) which apparently are not working (sinking) for him, because of his lack of intelligent co-operation.

EXAMPLE 5:

Mary dreams that she is in a vast dark house which she does not recognise. A violent storm comes up, but try as she might, she cannot keep the doors and windows closed, as the locks do not work properly, and the strong wind keeps blowing them open. The heavy drapes over the windows are blowing wildly in the wind, deafening thunder vibrates the walls, and lightning illumines the darkness in the house constantly.

This dream has recurred several times in Mary's life over a period of twenty years.

INTERPRETATION:

This is a prophetic dream in which Mary is urged to prepare herself to be cataclysmically (storm) launched into a large view of the world (house) unknown (dark) to her. In this new view of the world she will find that she will not be able to limit her vision (close the windows), and that she will feel naked and vulnerable (curtains blowing) to the outside world. Also, Mary will be forced to take her chances (doors not closing) rather than remain timid. In this, she will be guided by the power of her *intent* (lightning), and her ability to think (wind) will be strong and fuelled by strong emotions (thunder), which will at times seem to threaten even her own view of the world (vibrating the walls of the house).